IBPS BANK CLERKS CWE – IX

PRELIMINARY EXAM - 2020

Duration: 1 Hour Solved Original Question Paper

Maximum Marks: 100 Held on: 05.12.2020

PART I - ENGLISH LANGUAGE

Directions (Qns. 1-8): Read the following passage and answer the following questions based on the given passage. Some of the words are highlighted which would help you to answer some of the questions given.

A good night's sleep is utmost essential for overall good health. It is the time when the body rests, rejuvenates and recovers. An adult requires 7 to 8 hours of peaceful and quality sleep per day. Sleep deprivation can be defined as inability to complete the sufficient sleep-time required by the person.

Research has shown that even one night of sleep deprivation is equivalent to being intoxicated. Intentional sleep deprivation is mostly seen in young people and teenagers who prefer entertainment over sleep. Many workaholics also consider sleeping as a waste of precious time which is not true. Many a time because of work commitments such as working in night shifts or long hours may also interfere with quality sleep that an individual requires. Medical issues such as chronic illnesses, depression and sleep disorders such as obstructive sleep apnea can also be the reason for sleep deprivation.

You probably already have some understanding of the benefits of rest—and the costs of not getting it. Sleep allows us to consolidate and store memories, process emotional experiences, replenish glucose (the molecule that fuels the brain), and clear out beta-amyloid (the waste product that builds up in Alzheimer's patients and disrupts cognitive activity).

The most common sign and symptom of the fact that one is sleep deprived is fatigue, lethargy and feeling sleepy throughout the day. Other symptoms include mood disorders; sleep deprivation may lead to increasing irritability, desire to stay alone, rapid mood swings and more. Lack of sleep will also cause psychomotor instability meaning the person will find it difficult to focus and stand still at a place. Sleep deprivation will also cause issues with sight and hearing.

An affected person may experience burning sensation in eyes, tingling and redness of eyes, light flashes and even hallucinations. He or she may also find it difficult to gauge distance at which a sound is originating. Other signs and symptoms of sleep deprivation include tingling sensations on the body, disorganization of thought and much more.

Negative effects of sleep deprivation are many. It affects both physical and mental health of a person negatively. The most common effect of sleep deprivation is drowsiness, tiredness, mood swings, irritability and reduced alertness. Although scientific knowledge of the physiological effects of sleep deprivation is relatively recent but researchers now believe that sleep deprivation can lead to disorders such as depression. Both short term sleep deprivation and chronic long term sleep deprivation can be very dangerous for the health as it has a direct impact on functioning of both heart and brain of an individual. Sleep loss also blunted activity in brain regions that normally induce social engagement. During sleep, regeneration of neurons happens in the cerebral cortex. Thus in a sleep deprived individual the brain fails to function optimally.

The simplest and easiest way to treat sleep deprivation is sleep more. Be it acute or chronic condition, a quality good night's sleep will help an individual (A) effectively. Fighting stress, eating a healthy and a balanced diet, avoiding alcohol are some other dos for a good night's sleep. Certain medications can also interfere with one's sleep thus consult your medical professional about the same. Exercising or indulging in an activity such as jogging, walk or swimming can also help one sleep better. Avoid usage of electronic gadgets before bedtime as they can interfere with one' sleep. Spending time in natural sunlight, Yoga, meditation and breathing exercises can also help one sleep better at night. Treating underlying medical cause if any will also help one sleep better and avoid sleep deprivation.

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- 1. According to the passage, which among the following statements is true?
 - A) Sleep allows us to enhance our ability of acquiring knowledge and process emotional experiences.
 - B) An adult can function properly only with a quality sleep of 5-6 hours a day.
 - C) Sleep deprivation can be cured only with a help of a medical professional.
 - D) Both (a) and (b)
 - E) All are true

Explanation

Sleep allows us to consolidate and store memories, process emotional experiences, replenish glucose (the molecule that fuels the brain), and clear out beta-amyloid (the waste product that builds up in Alzheimer's patients and disrupts cognitive activity).

- 2. What is/are the cause(s) of incompetency in a sleep deprived individual's brain?
 - i. Clearing out of beta-amyloid that disrupts cognitive activity.
 - ii. Sleep deprivation leads to drowsiness, tiredness and reduced alertness.
 - iii. Reduction in the regrowth or repair of nervous tissues, cells or cell products in the cerebral cortex.

Select the correct answer:

- **A)** Only (i)
- B) Only (iii)
- C) Both (i) and (iii) D) Both (i) and (ii)
- E) All (i) (ii) and (iii)

Explanation

Ans : (B)

Ans : (A)

During sleep, regeneration of neurons happens in the cerebral cortex. Thus, in a sleep deprived individual the brain fails to function optimally.

- Choose the most suitable phrasal verb to fill the given blank (A) to make the sentence grammatically and contextually correct.
 - A) drop back
- B) break out
- C) come forward
- D) bounce back
- E) fall out

Explanation

Ans : (D)

Bounce back means to return quickly to normal condition after a difficult situation.

- 4. Which among the followings is true according to the context of the passage?
 - A) Fighting stress, eating a healthy and a balanced diet, avoiding alcohol cures depression

- B) Sleep deprivation means a state caused by inadequate quantity or quality of sleep.
- C) Sleep deprivation has negative effects on all the five senses of human body.
- **D)** Treating prolonged and underlying medical cause can cause sleep deprivation
- E) All are true

Explanation

Sleep deprivation can be defined as inability to complete the sufficient sleep-time required by the person.

- How can one safeguard oneself from sleep deprivation?
 - i. Getting regular exercise during the day
 - ii. Refraining from using electronic devices right before bed
 - iii. Limiting the consumption of alcohol

Select the correct answer:

- **A)** Only (i)
- B) Only (iii)
- C) Both (i) and (iii) D) Both (i) and (ii)
- E) All (i) (ii) and (iii)

Explanation

Ans : (E)

Fighting stress, eating a healthy and a balanced diet, avoiding alcohol are some other dos for a good night's sleep. Exercising or indulging in an activity such as jogging, walk or swimming can also help one sleep better. Avoid usage of electronic gadgets before bedtime as they can interfere with one's sleep. Spending time in natural sunlight, Yoga, meditation and breathing exercises can also help one sleep better at night."

Directions (6-7): Choose the most suitable word that gives the meaning of the highlighted word.

6. SUFFICIENT

- A) Many
- B) Adequate
- C) Restricted
- **D)** Limited
- E) Wanting
- Ans: (B)

INDUCE

- A) Hasten
- B) Inspire
- C) Encourage
- **D)** Advocate
- E) Evaluate
- Ans : (C)
- 8. Which of the following word gives the opposite meaning of the given word REPLENISH?
 - A) Restore
- B) Exhaust
- **C)** Recharge
- D) Accelerate
- E) Modify

Ans : (B)

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Ans : (A)

Directions (9-13): In the following questions, a sentence is divided into four parts. Choose the part of the sentence which may contain a grammatical error. If all the parts of the sentence are grammatically correct and contextually meaningful, choose option (E) i.e. "no error" as your answer choice.

- Slicing a cake between pieces (A)/ is a fun tradition that many (B)/ newlyweds like to (C)/ incorporate into their ceremonies. (D)/ No Error (E)
 - **A)** A
- **B)** B
- **C)** C
- **D**) D
- **E**) E

Explanation

Between is used only between two. For (eg) divide between the two. 'Among' is used for more than two. In this case 'into' must replace 'between'.

- She had stayed up (A)/ all night because (B)/ she had received (C)/ bad news. (D)/ No error. (E)
 - **A)** A
- **B)** B
- **C)** C
- **D)** D
- **E**) E

Explanation Ans: (A)

The past perfect tense in a sentence describes an event that happened in the past before another event in the simple past tense was completed in the past. Thus the correct phrase should be "She stayed up".

- 11. He as well as (A)/ his friends (B)/ were going (C)/ for picking.(D)/ No Error (E)
 - **A)** A
- **B)** B
- **C)** C
- D) D
- **E)** E

Explanation Ans: (A)

'He and his friends' When 'as well as' is used, singular form should be used.

- The coaching industry in India (A)/ plays a pivotal role, (B)/ as it contributes significant (C)/ revenue to the education sector. (D)/ No Error (E)
 - **A)** A
- **B)** B
- **C)** C
- **D)** D
- E) E Ans: (E)
- If I don't (A)/ turn on my (B)/ air conditioner, my (C)/ house was hot. (D)/ No error (E)
 - **A)** A
- **B)** B
- **C)** C
- **D)** D
- **E)** E

Explanation

Ans : (D)

'was' should be replaced by 'is'. The both clauses should be in the present tense.

Directions (14-17): In the following question, sentences are given with a part underlined. The underlined phrase may or may not contain an error. The options given can replace the incorrect phrase. The correct phrase that is to be replaced is your answer. If the sentence is correct then select 'No improvement required' as your answer.

- **14.** Everything is funny, as long as it **is happening too** somebody else.
 - A) has been happening for
 - B) is happening to
 - C) was happening too
 - D) could have happened to
 - E) No improvement required

Explanation

Ans: (B)

Replace "too" with "to"

- **15.** They recommend this book even though **they himself had** never read it.
 - A) they themselves had
 - **B)** they themself has
 - C) it itself had
 - D) one oneself has
 - E) No improvement required

Explanation

Ans : (A)

The correct phrase is "they themselves had".

- 16. This is the house that Jack built it.
 - A) that Jack is building it
 - B) Which Jack built it
 - C) whom Jack built
 - D) that Jack built
 - **E)** No improvement required

Explanation

Ans : (D)

'that already represents the house, hence, there is no need for 'it' in the last.

- **17. In no way do I** agree with what you're saying.
 - A) In no way I do
- B) In no way I don't
- C) No way I don't
- **D)** Do I in no way
- E) No improvement required Ans

Directions (18-23): In the following passage some words have been deleted. Fill in the blanks with the help of the alternatives given. Select the most appropriate option for each blank.

According to some researchers, musical instruments came about ____(18)___, depending on the available materials, and, in some cases, by the stimulus of the clamor of battle. The definition

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of a musical instrument is quite simple: it is an	22. A) displayed B) recited
instrument that was created or(19)	C) elaborate D) arranged
to make musical sounds. It is important to	E) Remembered Ans: (B)
remember that the history of musical instruments	Directions (23-26): In each of the questions
dates back to the beginning of human culture.	given below a sentence is given with three words
This tells us that man has always been drawn	in bold. Choose the option which gives the correct
to music. The earliest musical instruments were	sequence of these words to make the sentence
used for rituals. For example, the trumpet-like	grammatically and contextually correct.
ones were used to signal success in a hunt, or	23. The U.P. ordinance not only conflict(A)
drum-like instruments were used in religious	guaranteed fundamental rights but is also in
ceremonies. Over time, cultures have developed	violates(B) with existing(C) personal laws
the composition and performance of musical	A) ABC B) BAC
pieces for entertainment. Musical instruments	C) CAB D) ACB
have also(20) with the ever-changing	E) None of these
applications. It appears that no one knows exactly	Explanation Ans: (B)
where music came from. We are not talking here	The U.P. ordinance not only violates guaranteed
about who Elvis' singing predecessors were, not	fundamental rights but is also in conflict with
even about when the first musical instrument was	existing personal laws.
invented. Researchers who have been interested	24 . The deficit (A) changes in the sector brought
in the physics of instruments believe that musical	in through the three laws have aggravated
devices have always(21) pretty much	(B) the trust abrupt (C) of the government.
on the materials that were available to each	A) ABC B) CAB
civilization. In other words, people worked with	C) BAC D) CBA
what they had. In time, traditional poetry was	E) None of these
(22) alongside human noise-makers and got	Explanation Ans : (D)
rhythms to them. Again, there is no exact data to	The abrupt changes in the sector brought in
back this up, so no one knows exactly when the	through the three laws have aggravated the trust
first song was born. However, adding stories to	deficit of the government.
melodies became a tradition that was carried on	25. The Chinese Communist Party initially
to our days and it does not seem like it will ever	aftermath (A) nationalism as a co-option
go out of fashion.	embraced (B) in the strategy (C) of the
18. A) deliberate B) systematic	Tiananmen Square massacre
C) cautiously D) randomly	A) None of these B) CAB
E) anxiously	C) ABC D) BCA
Explanation Ans : (D)	E) CBA
"Randomly": in a way that happens, is done, or is	Explanation Ans : (D)
chosen by chance rather than according to a plan.	The Chinese Communist Party initially embraced
19. A) concise B) adapted	nationalism as a co-option strategy in the
C) prohibited D) distributed	aftermath of the Tiananmen Square massacre
E) immense	26. The Supreme Court has been asking States
Ans : (B)	to reservation (A) quantifiable data to
20. A) subdued B) evolved	justify (B) their levels of produce (C).
C) Refine D) Surge	A) None of these B) CAB
E) diminished	C) ACB D) BCA
Ans : (B)	E) CBA
21. A) relatively B) suspected	Explanation Ans : (E)
c) depended D) aligned	The Supreme Court has been asking States to
E) sustained	produce quantifiable data to justify their levels of
Ans: (C)	reservation.
III5 . (C)	